

Devotional #2

Brooke Stevens

Devotional is a time every night where delegates have an opportunity to reflect on the five core YMCA values that guide CONA.

On opening night, the Alabama delegation sponsored the devotional. The devotional was on the subject of 'caring,' and how as delegates it is important that we care about one another. In addition, we should be thoughtful towards other peoples' ideas and proposals.

The second night's devotional was led by the Texas delegation. The value that the Texas delegation illustrated for the group was 'honesty.'

To prove how important honesty is, the Texas delegation quoted famous sayings and Bible verses that all had to do with honesty. These quotes stressed that honesty is a crucial part of one's character and should be shown when facing opposition and criticism.

Before they ended the devotional with a prayer, the Texas delegation handed out different colored pieces of paper. Those colored pieces of paper represented different types of honesty.

This devotional seems to have had an impact on the delegates who attended it. Stuart Downey of Oklahoma remarked that it was "original and sweet," and Josh Travis of Missouri said that it was "very insightful."

Caring and honesty are only two of the YMCA values. There are still three more core values to be taught at this year's CONA.